

Dyslexia Assessment and Support Services

Consultant: Karen Starkiss

Clear, Strengths-Based Dyslexia Assessment for Adults

Seeking a dyslexia assessment as an adult can feel daunting. Many people have coped for years without answers, often believing their difficulties were personal failings rather than differences in how they learn.

My role is to provide **clear understanding, reassurance, and practical guidance** — not just a label.

Who I Work With

I assess adults from all walks of life, including:

- university and TAFE students
- professionals, tradespeople, and creatives
- managers, business owners, and company directors
- parents and grandparents

Dyslexia has nothing to do with intelligence; many of the adults I work with have strengths and talents in other areas, but experience ongoing difficulties with spelling, memory, organisation, reading efficiency or written work. For some, challenges become more visible after a change in job role, returning to study, or increased workplace demands.

Others simply want answers — to finally understand *why* learning has always felt harder than it should.

What an Assessment Can Help With

Adults often seek assessment because they:

- need to reread material to understand it.
- spend excessive time checking emails or reports.
- cope with reading but retain very little.
- struggle with spelling, memory, or organisation.
- mix up numbers or written information.

An assessment provides clarity, validation, and a pathway forward.

What My Service Includes

- A comprehensive, evidence-informed dyslexia assessment
- Clear explanation of results in plain language
- Detailed, individualised recommendations
- Practical strategies for home, study, and the workplace

Providing **practical, tailored recommendations** is a core part of my service.

My Professional Background

I have worked in education for over **30 years**, in England and Australia.

My experience includes:

- classroom teacher and school principal
- learning difficulties consultant
- school improvement officer.
- Dyslexia Assessor and trainer for schools and employers

I have worked across:

- primary and secondary education and with older students who have disengaged from school.

In Australia, I have also worked with employers to support **dyslexia-aware and inclusive workplaces**, and have delivered training for teachers, senior leaders, psychologists, speech therapists, and TAFE educators across Victoria and interstate.

Qualifications

- Royal Society of Arts (RSA) Postgraduate Diploma in Specific Learning Difficulties (Dyslexia)
- Experienced in assessment and developing, monitoring, and reviewing individual learning programs.

Taking the Next Step

If you are seeking understanding, reassurance, or practical support around dyslexia or learning difficulties, you're welcome to get in touch to discuss whether an assessment is right for you.

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